

# March 2010

## Scotia-Glenville CSD School Breakfast

### Menu

Concerns, Questions  
or Comments?  
Contact Food  
Services  
518.382.1259

Please make  
checks payable  
to Scotia  
Glenville School  
District

### Breakfast Prices

Student \$.75

Adult \$1.85

Milk: \$.40

Skim

1%

Strawberry

Low Fat

Chocolate

We Now offer  
Light Cream  
Cheese and  
Smart Balance  
Buttery  
Spread

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Bagel w/ Light Cream Cheese or Smart Balance Spread Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>SAUSAGE &amp; EGG BAGEL</b></p>	<p>2 Bagel w/ Light Cream Cheese or Smart Balance Spread Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>WAFFLES W/ SYRUP</b></p>	<p>3 Bagel w/ Light Cream Cheese or Smart Balance Spread Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>FREE BREAKFAST @ HIGH SCHOOL</b></p>	<p>4 <b>CARRINGTON SANDERS BREAKFAST POSTER WINNER FROM SACANDAGA Pancakes w/Sausage Patty or Chocolate Chip Muffin Or Bagel, Cheerio's Fresh Apple, 100% Juice &amp; Milk</b></p>	<p>5 <b>BRANDI PALOSKI BREAKFAST POSTER WINNER FROM GLENWORDEN French Toast Sticks w/Bacon or Chocolate Chip Muffin, Bagel, Cereal, Juice, Milk</b></p>
<p>8 Bagel w/ Light Cream Cheese or Smart Balance Spread Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>HAM &amp; EGG on an ENGLISH MUFFIN</b></p>	<p>9 <b>LAUREN EVANS BREAKFAST POSTER WINNER @ GLENDAAL Bacon, Egg, &amp; Cheese on a Roll Or Chocolate Chip Muffin, Bagel, Cereal w/ Toast, Juice Choice of Milk</b></p>	<p>10 Bagel w/ Light Cream Cheese Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>CINNAMON BREAKFAST TWIST PRETZEL</b></p>	<p>11 Bagel w/ Light Cream Cheese or Smart Balance Spread Chocolate Chip Muffin Part Skim String Cheese or Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>CHEESE OMELETE with TOAST</b></p>	<p>12 Bagel w/ Light Cream Cheese or Smart Balance Spread Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>FREE BREAKFAST @ LINCOLN</b></p>
<p>15 Bagel w/ Light Cream Cheese Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>EGG &amp; CHEESE WAFFLE SANDWICH</b></p>	<p>16 Bagel w/ Light Cream Cheese Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>STRAWBERRY POPTART</b></p>	<p>17 Bagel w/ Light Cream Cheese Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>FRESH BANANA</b></p>	<p>18 Bagel w/ Light Cream Cheese Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk</p>	<p>19 Bagel w/ Light Cream Cheese Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>FRENCH TOAST STICKS</b></p>
<p>22 Bagel w/ Light Cream Cheese or Smart Balance Spread Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>WAFFLES w/ SYRUP</b></p>	<p>23 <b>ALEASHA FARRELL BREAKFAST POSTER WINNER @ LINCOLN Bacon, Egg, &amp; Cheese on a Bagel. Or Chocolate Chip Muffin, Bagel, Cereal w/ Toast Juice Choice of Milk</b></p>	<p>24 Bagel w/ Light Cream Cheese or Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk</p>	<p>25 Bagel w/ Light Cream Cheese or Smart Balance Spread Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>FRENCH TOAST STICKS</b></p>	<p>26 <b>SUPERINTENDENT CONFERENCE DAY NO SCHOOL FOR STUDENTS</b></p>
<p>29 Bagel w/ Light Cream Cheese Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>PANCAKES w/ SYRUP</b></p>	<p>30 Bagel w/ Light Cream Cheese Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>CINNAMON BREAKFAST TWIST PRETZEL</b></p>	<p>31 Bagel w/ Light Cream Cheese Chocolate Chip Muffin Part Skim String Cheese OR Cereal Bowl w/ Toast or Cinnamon Goldfish Graham Cracker 100% Juice Choice of Milk <b>Middle School Free Breakfast</b></p>	<p><b>All Menus are subject to change</b></p>	
				<p>Concerns, Questions or Comments? Contact Food Services 518.382.1259</p>